

Instructor:  
**Linda Homer**



**DOWNEAST PILATES**  
**244-4429**

# PLEASANT STREET PILATES STUDIO

18 Pleasant Street, Bar Harbor

**FEBRUARY 22 – APRIL 15, 2010\***  
**SESSION**

Time	MONDAYS	THURSDAYS
8:45 AM to 9:45 AM	<b>Group Mat Class</b>	
10:00 AM to 11:00 AM	<b>Group Mat Class</b>	
11:30 AM to 12:30 PM	<b>Group Mat Class</b>	
12:45 PM to 1:45 AM	<b>Private</b>	<b>Private</b>
2:30 PM to 3:30 PM	<b>Private</b>	<b>Private</b>
3:45 PM to 4:45 PM	<b>Private</b>	<b>Private</b>
5:15 PM to 6:15 PM	<b>Group Mat Class – Intermediate</b>	
6:30 PM to 7:30 PM	<b>Group Mat Class</b>	

\*April 5<sup>th</sup> and 8<sup>th</sup> subject to change.

Group mat classes subject to minimum enrollment.  
 No spot held until payment received.